

Curriculum

ROTATION REQUIREMENTS

SAH = St. Anthony Hospital Lakewood

SANHC = St. Anthony North Health Campus

RMHFC = Rocky Mtn Hospital for Children

TCH = The Children's Hospital of Colorado

SANFMR = St. Anthony North Family Medicine Residency

YEAR ONE

Non-Rotational (SANHC)	2 months	6-7 Days Night Float OB 6-7 Days Night Float 1/2-month OB/Nursery 1 month Medicine 1-week ICU Non-Rotational
Combo 1 (NICU)	1 week	_____ Avista Hospital
Combo 1 (Night Float)	½ month	_____ SANHC
Combo 2 (Night Float)	½ month	_____ SANHC
Emergency Medicine	1 month	_____ SANHC
Family/Community Medicine	1 month	_____ SANFMR
Orthopedics	1 month	_____ Panorama Orthopedics
Inpatient Family Med	3 months	_____ SANHC
OB/Nursery	1 month	_____ SANHC
Pediatric Urgent Care	1 month	_____ TCH – Wheat Ridge
OTHER:		
Vacation	3 weeks	(This is pre-assigned based on individual schedule.)
"Intern Week"	1 week	(June 23 – June 30 without pay)

YEAR TWO

Family/Community Medicine	1 month	_____ SANFMR
Inpatient Family Medicine	1 month	_____ SANHC
ICU	1 month	_____ SANHC
NICU	½ month	_____ RMHFC
Night Float	1 month	_____ SANHC
Non-Rotational OB/Med	3/4 month	_____ SANHC
OB/Nursery	1-2 months	_____ SANHC
OP Pediatrics	1 month	_____ TCH - Broomfield
Practice Management (COPIC)	1 week	_____ COPIC Insurance Office
Practice Management	1 week	_____ SANFMR
Rural	1 month	_____ Rural Site
Surgery (inpatient)	1 month	_____ SAH/SANHC
Required Electives/Electives	Remainder of Academic Year	
OTHER:		
Vacation	3 weeks	<i>Scheduled during elective time</i>
Educational Leave	5 days	in second year <i>or</i> third year

YEAR THREE

Emergency Medicine	½ month	_____ SAH
Inpatient Family Medicine	1 1/4 month	_____ SANHC
Night Float	1/3 month	_____ SANHC
OP-GYN	1 month	_____ SANHC
Orthopedics/Sports Medicine	1 month	_____ Copper Mtn/Cornerstone
Pediatric Emergency Care	1 month	_____ TCH - Broomfield
Pediatric Inpatient	1 month	_____ RMHFC
FCM3	½ month	_____ SANFMR
Required Electives/Electives	Remainder of Academic Year	
OTHER:		
Vacation:	3 weeks	<i>Scheduled during elective time</i>
Educational Leave	5 days	in second <i>or</i> third year

NOTES:

Non-Rotational Months: The first two months of the intern year are referred to as the “non-rotational months.” The purpose is to provide each intern an opportunity to experience all aspects of his/her training (clinic, inpatient, OB, night call, etc.) in a short intense period of time, rather than some interns waiting until the following spring, to learn a key skill such as obstetrics. The end result is a class that knows each other better and who gains greater confidence during their intern year. Additionally, the interns get a “leg up” on their continuity practices.

Work Hours:

- Excluding backup call, the average number of hours on duty for each resident per week is as follows: PGY I: 70 (while on inpatient rotations); PGY II: 60; PGY III: 50.
- On average, residents are assigned in-house call days per week as follows: PGY II: 1; PGY III: 1. No resident is scheduled more frequently than every 4th night. Most call months are every 4th night.
- Excluding backup call, the maximum number of continuous hours worked by any resident is: PGY I: 24; PGY II: 24; PGY III: 24.
- On average, each resident has the following number of days free per month from all educational and clinical responsibilities: PGY I: 5; PGY II: 6; PGY III: 7.
- On average, each resident, regardless of year in training, has a minimum of 8 hours off duty between shifts: 16 hours on post call day

Required Electives are required specialty rotations in which there is a choice of site. They must be completed for board eligibility. Certain electives are recommended for specific years. All required electives must be completed by the end of the residency. Required electives are as follows:

Dermatology	½ month
Cardiology	½ month
Other Medical/Surgical Subspecialties	1 month

Obstetrics: Residents all complete 2 months of Obstetrics during their first year. As second year approaches, residents are asked if they prefer continuing on the base curriculum track described above (2 months of Obstetrics), or if they would prefer either adding or subtracting Obstetrical time from their second and third years. Residents are then assigned to a number of Obstetrics months based on their preferences. This allows residents interested in additional Obstetrics training to receive that within the residency curriculum, while allowing residents with other interests to opt out of senior Obstetrics months in pursuit of additional electives. While we try our best, we cannot guarantee that all resident preferences will be accommodated.

Call - *The program is ACGME compliant*, regarding call and overnight responsibilities. Obstetrical call is every fourth night. The remainder of call is a night float system. Senior back-up call can be taken from home, with residents only having to go into the hospital when a situation demands it. There are some outside elective rotations that may require call.

Night Float occurs during all three years of training. During PGYII year, night float is scheduled as five (5) consecutive nights with weekends off. During PGYI, night float is considered Friday – Wednesday, and post call on Thursday. These are considered away rotations and are usually split into two ½-month blocks. Night Float in the Non-Rotational portion of the PGY I and PGYIII year is ¼-month blocks.

Family/Community Medicine Rotations (FCM): Family Medicine rotations occur in all three years of residency. These rotations have an ambulatory emphasis and allow time for many components of the longitudinal curricula mentioned above. In addition, they include practice-based research, office management and community medicine.

Practice Management Requirement (PGYII) consists of a one-week rotation with faculty and administration. There is formal practice management teaching provided during this rotation. In addition, there is a one-week requirement to be scheduled at COPIC.

Electives: Available elective rotations include: behavioral science, sports medicine, occupational medicine, gastroenterology, neurology, obstetrics, anesthesiology, neonatology, LGBTQ health, obesity medicine, infectious disease, urology, ophthalmology, ENT, nephrology, refugee medicine, integrative medicine, and others. Many residents create and arrange their own electives that meet a need or interest.

Certain areas are primarily taught **longitudinally** throughout the three years. These include behavioral medicine, practice management, community medicine, geriatrics, health promotion/disease prevention, medical ethics, and patient education.

Away Rotations: Accreditation rules allow up to 12 weeks away from the Family Medicine Center practice per resident each academic year. The residency encourages its residents to seek out unique educational opportunities away from the residency including International Global Health rotations. In order to ensure adequate coverage of a team's practice, there may be a limit on the number of residents who may be away from clinic at any time. This includes vacation, away rotations, educational leave, etc.

Clinic: Residents are required to be in clinic seeing their patients at least 40 of the 52 weeks during each academic year.

Parental Home Study is offered for residents who become new parents during their training. This is a credited month of study, where residency requirements are reduced, that does not prolong a resident's graduation date.

Moonlighting: Starting in the second year, residents who are licensed and purchase their own malpractice insurance may moonlight with the program director's approval. The program expects that moonlighting activities will not interfere with the care of our patients, and with the residents' educational activities or duty hours. The resident is responsible for submitting a form to the Program Director for his/her approval for each moonlighting experience. Moonlighting does count against your duty hours and must be recorded on the duty hours log.

PGY I rotations run from the 23rd of the month to the 22nd of the following month. Mid month switches end on the 7th and begin on the 8th.

PGY II and PGY III rotations run from the 1st to the 30th, with half month rotations ending on the 15th and beginning on the 16th.

Intern year begins on June 23rd while the outgoing intern class takes their "**Intern Week**". **Intern Week** is a uncontracted week off, with no pay, before beginning their second year on July 1st.

Mandatory orientation, for which interns are paid, occurs **five** working days prior to beginning residency on June 23rd.