

Enhancing the quality of life

The palliative care team collaborates with the referring physician and treats the whole person – body, mind, and soul to increase the quality of life for patients and families. Palliative care focuses on the human experience and can enhance and complement the patient's current plan of care. For some patients, additional home health services may be appropriate, including home care, telehealth or hospice.

The palliative care team is made up of an interdisciplinary staff to address patient and family goals.

- Advanced Practice Nurse/Registered Nurse
- Case Manager/Social Worker
- Physician
- Chaplain
- Other healthcare providers as needed

How may I access palliative care services?

The palliative care team is available Monday through Friday, 8:00 a.m – 5:00 p.m. To request a palliative care consultation, discuss your wishes with your physician to obtain a referral. You can talk with a palliative care team member by calling 303-561-5193.

For more information about palliative care, home care, telehealth or hospice, visit centurahealthathome.org.

Centura Health At Home



We are part of Centura Health, the region's largest health care network.

Palliative Care Team

303-561-5193

centurahealthathome.org/palliativecare

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Providing
support when it
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What is palliative care?

The palliative care team collaborates with the patient's primary care provider and offers compassionate care at times of critical need. The goal is to prevent and relieve suffering and provide the best quality of life for patients, right in the comfort of their own home.

Palliative care is provided by a team of professionals that offer coordinated care to address a patient's physical, psychological, social and spiritual needs, and help them cope with the pain and anxiety that come with major health changes. **This care may be provided along with other medical treatment.**

The team helps patients and families identify goals of care, provide guidance for difficult treatment choices and assists with advance care planning.

Who is eligible for palliative care?

Palliative care is appropriate for anyone diagnosed with a progressive, chronic, critical or life-threatening illness. It includes but is not limited to patients with:

- Cancer
- Heart failure
- Severe diabetes
- Stroke
- Kidney failure
- Advanced Alzheimer's disease
- Chronic obstructive pulmonary disease
- Patients with a lack of response to therapies
- Spiritual and/or emotional distress

Patients receiving treatment for their illness are eligible for palliative care.

Services provided by palliative care

- Collaborates with the primary care doctor to relieve difficult symptoms associated with illness
- Manage side effects associated with current treatment
- Address changing goals of care
- Help patients consider care options and make decisions about quality of life
- Help interpret the benefits/burdens of care (tests, surgeries, radiation)
- Enhance patient and family support
- Provide spiritual and emotional support
- Assist with care planning options including home care, rehabilitation, telehealth, long term care or hospice
- Assist with discharge planning, home care, extended care or hospice
- Grief counseling and bereavement support



Frequently Asked Questions

Q. *When is the right time to consider palliative care?*

A. Palliative care is appropriate at any stage of a serious illness.

Q. *Is there any special equipment or changes the patient has to make in the home before palliative care begins?*

A. No. If equipment or special assistance is needed, a palliative care team member can coordinate with Centura Health at Home to get the resources the patient needs.

Q. *Who pays for palliative care?*

A. Medicare covers a portion of the cost for palliative care, however, patients are responsible for a copay.

Q. *How can a patient enroll in palliative care?*

A. The patient's physician needs to write an order for palliative care. Orders can be faxed to 303-561-5300.

Continuum of illness

