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**Penrose St. Francis Health Services**

**EBP Rodeo**

**Get on your horse! Take off your hat and scratch your head! Lasso a Pardner!**

**Monday, May 9 from 0830 to 1230**

**ASC Building @ 3030 N Cascade**

**Computer Training Room**

**Register Now (space limited): 776-2886 (Deb Nussdorfer)**

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 **Deborah Kenny PhD, RN, FAAN**

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**Penrose-St. Francis Health Services is approved by the California Board of Registered Nursing, Provider Number 15587 for 4.5 Contact Hours.**

No partial contact hours given for partial attendance. There is no charge but preregistration is required. No show fee not applicable for this offering.

Everyone has a clinical question or wants to improve a nursing practice. This is an opportunity to get started with expert training and personalized attention. We are rounding up nurses who will take a clinical area/goal/question and initiate an evidence based project. You will learn the process, how to do a literature review, how to evaluate the literature and setting goals. We will meet at the ASC building in the computer training room, so everyone will experience hands on learning! Need some ideas? Talk with your unit practice council or clinical effectiveness nurses. Here are some ideas to get you thinking!

* What can we do to improve pain management satisfaction in our post op patients?
* What actions improve patient satisfaction in the ER?
* Do patients tolerate EGD without opiates as well as with opiates? (Consider our OSA policy of requirement to keep patients who receive opiates ninety minutes longer in recovery when receiving moderate sedation)
* How can we build a Healthy Work Environment?
* What are EBP or innovative ways to improve care of psychiatric patients in the ED?
* What is the evidence on effectiveness of hourly rounding at night (esp post partum)?
* What is the best way to implement nursing peer review on units?
* Can the experience of moral distress be reduced?
* How long in advance should vasoactive drugs be given prior to taking

 VS for measuring efficacy of drugs effectively?

* How can we improve patient’s satisfaction with quietness at night?
* Is use of podcasting an effective and efficient learning mode?



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