

# Northwest Gastroenterology Specialists

## SUPREP Instructions

Thank you for choosing us to assist you with your medical care. Call us at 303.269.2085 with any questions or concerns.

**Please do not eat ANY solid foods on the day prior to your procedure or the morning of your procedure. NO fluid intake within 2 hours of your arrival time at the hospital.**

### Colonoscopy Preparation:

#### **SUPREP Is Being Prescribed To You:**

Follow The Directions As Indicated Below Between 2 and 4 p.m:

#### **STEP 1:**

- Pour one 6oz. bottle of SUPREP into the mixing container; add water to the 16oz. line and mix.

#### **STEP 2:**

- Drink all the fluid in the container, 8oz. every 10-15 minutes is the recommended pace.

#### **STEP 3:**

- Drink 2 more 16oz. containers of plain water over the next hour.

Morning of your procedure at \_\_\_\_\_, repeat the above steps with the 2nd bottle of SUPREP.

**Once you've completed the SUPREP, you should have clear bowel movements the morning of your procedure. (Yellow is acceptable.)**

**If you're bowel movements are not clear drink 1 bottle of green or clear Magnesium Citrate, 10oz bottle. (Purchased over the counter at your pharmacy.)**

**If you need to cancel within 24 hours of your procedure it will be considered a no-show appointment.**

**You must pre-register by calling 303.673.1233, once the procedure is scheduled. (This will speed up your check in time, the morning of your procedure.)**

**\*Arrive 60 minutes prior to your procedure time, at the front entrance of the Avista Adventist Hospital.**

#### **Avista Adventist Hospital**

100 Health Park Drive  
Louisville, Colorado 80027

#### **Report to the patient check-in desk.**

(Left of the ER entrance)

#### **Your procedure is scheduled for:**

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Check-in: \_\_\_\_\_ a.m./p.m.

## Centura Health Physician Group



### **Northwest Gastroenterology Specialists**

80 Health Park Dr. Suite 270

Louisville, CO 80027

Phone: 303.269.2085 | Fax: 303.269.2089

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