

Penrose-St. Francis Health Foundation



The Penrose-St. Francis Health Foundation Mission:

We extend the healing ministry of Christ through the philanthropic support of Penrose-St. Francis Health Services.

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Breaking Ground on the John Zay Guest House Expansion Project



Photo from left to right: The Most Reverend Bishop Michael J. Sheridan; Margaret Sabin, (President & CEO, Penrose-St. Francis Health Services); Mickey Zay, (Wife of John Zay and Assistant Manager, John Zay Guest House); Sister Lou Krippel, (Manager, John Zay Guest House); Mike DeGrant, (President, HBA Cares); Josh Bailey, (President, Penrose-St. Francis Health Foundation); George Hess, (President, Vantage Homes).

The Penrose-St. Francis Health Foundation and Penrose-St. Francis Health Services broke ground on Thursday, June 21 on the much-anticipated expansion to the John Zay Guest House. The Foundation recently announced the completion of the fundraising campaign for the project, which was funded entirely by philanthropic donations made by individual donors and local-area foundations.

The Foundation again partnered with the Housing & Building Association of Colorado Springs, through their philanthropic arm "HBA Cares", who coordinated and secured additional support through donated services and materials.

Nearly 60 guests were on-hand for the blessing of the ground by the Most Reverend Bishop Michael J. Sheridan and treated to a musical interlude by Penrose-St. Francis associate Daniel Cisneros, who played a guitar which belonged to John Zay. Cisneros was accompanied with vocals provided by John Zay Guest House volunteer Annalisa Young.

Construction of the expansion is anticipated to take approximately 15 months, with the opening of the new space currently scheduled for late 2017. (continued on p. 2)

John Zay Guest House Expansion (continued from cover)

In the eight years since opening, the John Zay Guest House has almost always been full, with a consistent waiting list of 7 to 10 parties.



There have been as many as 20 families waiting for a room--enough to more than fill an entire second house. As Penrose-St. Francis' reputation as a regional center of excellence for oncology and cardiovascular services grows, we anticipate this need will only increase, with more patients and families from outside Colorado Springs needing accommodation. This expansion will provide between 3,600 and 4,000 additional nights of lodging per year for patients and their families.

Located across the street from Penrose Hospital, this home-away-from-home provides respite for patients and their families living more than 30 miles outside of Colorado Springs. The 12,000 square foot John Zay Guest House was built for Penrose-St. Francis in 2008 by HBA Cares and Vantage Homes Corporation in partnership with Penrose-St. Francis Health Foundation. Dedication of the house took place on Oct. 30, 2008, with its first guests checking in on Nov. 3.

The guest house was named in honor of John Zay, a cancer floor chaplain at Penrose Hospital for more than 14 years. John was a cancer survivor of 20 years and heard his call to minister to cancer patients during that experience. John died in 2004, but the ministry he loved is gratefully continued in this wonderful home.

With 11 mini-suites planned in the expansion, the John Zay Guest House will keep fulfilling its mission of giving patients and their families a healing and welcoming place to stay during treatment. Healing the whole person in body, mind and spirit, is truly emphasized at the John Zay Guest House. The house is managed by Sister Lou Krippel and Mickey Zay, John Zay's widow, and dedicated volunteers who console, grieve, pray and celebrate with house guests.



Foundation Staff - Volunteers in the Community



Giving back to the community with some sweat equity! Pictured is our Penrose-St. Francis Health Foundation staff volunteering with Habitat for Humanity – who are great people with a great mission: Seeking to put God's love into action, bringing people together to build homes, communities and hope!
#PhilanthropyFriday



In the future, if you'd like to receive an electronic version of this newsletter, please email brittnieseip@centura.org and request to be added to our email newsletter list.

Check us
out on
Facebook!

Follow us on Facebook @PenroseStFrancis and check out our "Philanthropy Friday" posts every week!
#PhilanthropyFriday!



Corpus Christi Running Track Renovation



On Friday, May 6, representatives from the Penrose-St. Francis Health Foundation, Penrose Hospital and GE Johnson Construction joined together to celebrate and officially open the newly-renovated running track at the Corpus Christi School. The project, funded in part by the Foundation's *Leadership Circle*, resulted in an updated running track that can be utilized by the Corpus Christi students, as well as neighbors and Penrose Hospital associates.

2016 Circle of Caring Dinner Honors Dr. & Mrs. O'Rourke



On November 2, the Penrose-St. Francis Health Foundation hosted its champions and volunteers at the annual *Circle of Caring* dinner. Nearly 200 guests joined Foundation and Hospital staff at the Cheyenne Mountain Conference Resort for an evening of music, fine dining and celebration of those who so generously support the mission of the Foundation.

Each year, one of the special friends of the Penrose-St. Francis Health Foundation is honored with the Sister Myra James Bradley award. This award acknowledges someone who selflessly helps to fulfill the vision of the Foundation and embodies the outstanding qualities of Sr. Myra, such as generosity, honesty, and a commitment to the health and wellness of our families, friends and neighbors.

This year's Sister Myra James Bradley Award Honorees were Dr. Terry and Mrs. Mary O' Rourke who have spent most of their lives advocating for the health and wellness of our community.



A Very Special NICU Donation From A Grateful Sibling



The Penrose-St. Francis Health Foundation gave a special recognition at the 2016 *Circle of Caring* dinner to Bobby Culver (left in photo), who made a generous gift to the Neonatal Intensive Care Unit (NICU) expansion project in honor of his brother, Andrew (pictured right). Immediately following his birth, Andrew was a patient in the NICU. Bobby felt so strongly about the outstanding care his brother received at St. Francis Medical Center during his stay at the NICU, that he donated the money he received for his birthday to the expansion project. It's never too early to become a philanthropist!



Penrose-St. Francis Greenhouse

- Providing fresh produce to our staff and patients -



During the summer of 2016, the Penrose-St. Francis Health Foundation and Pikes Peak Urban Gardens (PPUG), collaborated to grow and harvest vegetables for use in the Penrose Hospital cafeteria, special catering requests and patients meals. The Foundation, though funding from their Leadership Circle, covered the costs for operating the greenhouse (located on the corner of Wood Avenue and West Van Buren Street – directly west of Penrose Hospital), while PPUG provided the staff and gardening knowledge to make the partnership project a success.



From left to right : Josh Bailey (President, Penrose-St. Francis Health Foundation); Kevin Murphy (VP & General Manager, Murphy Constructors); Aileen Berrios (Market President, Herring Bank); Margaret Sabin (President & CEO, Penrose-St. Francis Health Services); Cici Minnich (Manager of Nutrition & Dietitian Services, Penrose-St. Francis Health Services); McCrea Andersen (Admin Services Coordinator, Penrose-St. Francis Health Services); Sean Svette (Dietitian, Penrose-St. Francis Health Services & Assistant Director, Pikes Peak Urban Gardens)



By September 1, PPUG had harvested more than 348 pounds of produce, including 66 pounds of tomatoes, 115 pounds of lettuce and 62 pounds of kale. Also harvested from the greenhouse gardens this summer were fennel, parsley, mint, sorrel, lemongrass, rosemary, lime basil, lemon thyme, Thai basil, oregano, dill and garlic chives!



Through this partnership, Penrose Hospital is making a significant impact on the health of its employees, volunteers, physicians, guests and patients, by being able to offer organic produce which is locally-sourced.



This initiative supports the Penrose-St. Francis mission by truly ‘nurturing the people in our communities’, and works to increase community knowledge of and access to health and sustainable living.



Did you know???

One study showed that organic fruits and veggies contain 27% more vitamin C, 21.1% more iron, 29.3% more magnesium, 13.6% more phosphorus, and 18% more polyphenols than their non-organic counterparts!



Penrose-St. Francis Health Services
Centura Health.

For the **9th consecutive year**, Penrose-St. Francis Health Services has received *the Healthgrades 2016 America's 50 Best Hospitals Award™*, establishing itself among the **top one percent** of more than 4,500 hospitals nationwide, and was the only recipient of this award in southern Colorado



The award recognizes Penrose-St. Francis for its consistent, year-over-year superior clinical performance as measured by Healthgrades, the leading online resource for comprehensive information about physicians and hospitals.

Penrose-St. Francis is one of only eight hospitals nationwide to receive the award for at least nine consecutive years

An “America's Best 100 Hospitals” for:

Pulmonary Services

Pulmonary Care Excellence Award™ for 13 Years in a Row (2005-2017)

Top 5% in the Nation for Overall Pulmonary Services for 4 Years in a Row (2013-2016)

Top 10% in the Nation for Overall Pulmonary Services for 13 Years in a Row (2005-2017)

Five-Star Recipient for Treatment of Chronic Obstructive Pulmonary Disease for 4 Years in a Row (2013-2016)

Five-Star Recipient for Treatment of Pneumonia for 15 Years in a Row (2003-2017)

Cardiology

Five-Star Recipient for Treatment of Heart Attack for 5 Years in a Row (2012-2016)

Five-Star Recipient for Treatment of Heart Failure for 15 Years in a Row (2003-2017)



Gastrointestinal Medical Treatment

Recipient of the Healthgrades General Surgery Excellence Award™ for 2 Years in a Row (2016-2017)

Named Among the Top 10% in the Nation for General Surgery for 2 Years in a Row (2016-2017)

Five-Star Recipient for Colorectal Surgeries for 4 Years in a Row (2014-2017)

Five-Star Recipient for Gallbladder Removal Surgery in 2017

Critical Care

Five-Star Recipient for Treatment of Sepsis for 14 Years in a Row (2004-2017)

Five-Star Recipient for Treatment of Pulmonary Embolism for 13 Years in a Row (2005-2017)

Five-Star Recipient for Treatment of Respiratory Failure for 14 Years in a Row (2004-2017)

Neurosciences

Neurosciences Excellence Award™ for 2 Years in a Row (2015-2016)

Stroke Care Excellence Award™ for 3 Years in a Row (2015-2017)

Top 5% in the Nation for Treatment of Stroke for 2 Years in a Row (2015-2016)

Top 10% in the Nation for Neurosciences for 2 Years in a Row (2015-2016)

Five-Star Recipient for Treatment of Stroke for 4 Years in a Row (2014-2017)

General Surgery

2016 General Surgery Excellence Award

Top 5% in the Nation for General Surgery in 2016

Top 10% in the Nation for General Surgery in 2016



The Level III Neonatal Intensive Care Unit at St. Francis Medical Center specializes in providing high-level care to premature babies and babies with severe medical problems. The NICU has 25 private neonatal bays where parents can spend private family time with their baby. Specially trained nurses maintain round-the-clock care and observation of the baby's condition. Our NICU includes two high-frequency ventilators which continually provide oxygen to the baby's tiny lungs helping decrease the chance for lung injuries.



GROWING FAMILIES

- More than 3,200 babies will be born here this year
- More than 800 will need intensive care
- We have experienced a 100% growth in admissions since opening in 2008!



CRITICAL CARE NURSERY

- We provide advanced, infant-directed emergency care
- 24-hour neonatal nurse practitioner
- 24-hour neonatologist coverage



COMMUNITY BENEFIT

- Providing babies and families with high-quality healthcare close to home so that the community grows stronger and healthier together.

As our community continues to grow, so does the need for our services. We're inviting you to make an investment in the lives of newborns throughout Southern Colorado with a gift to our Neonatal Intensive Care Unit (NICU) Expansion Project.

By nearly doubling of the capacity of our NICU, we will be able to double the number of lives we can positively impact, together. In addition, your gift will help purchase baby monitors, incubators, infusion pumps, and formula refrigerators as well as sleep sofas and recliners for the parents of our tiniest patients.



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PLANNED GIVING BRIEF

THE IRA CHARITABLE ROLLOVER IS PERMANENT!

IRA Rollover

HOW YOU CAN BENEFIT

WHY MAKE AN IRA CHARITABLE ROLLOVER GIFT?

Congress has extended the IRA charitable rollover and made it permanent. An IRA rollover gift is a way for you to support our cause today without impacting your checking or savings account balance. Gifts made from your IRA (up to \$100,000 per year) are not reportable as taxable income. They also qualify for your required minimum distribution (RMD) which can lower your income and taxes.

In addition, making an IRA rollover gift may prevent you from:

- being bumped into a higher federal and/or state income tax bracket
- hitting the phaseouts on your deductions and personal exemptions
- falling into the Alternative Minimum Tax (AMT)
- incurring the Affordable Care Act (ACA) tax

ARE YOU LOOKING FOR AN EASY WAY TO HELP THE PENROSE-ST. FRANCIS HEALTH FOUNDATION?

If you are 70½ or older, you can make a gift from your IRA account to help support the work of our organization this year and benefit.

YOU CAN BENEFIT FROM GIVING FROM YOUR IRA IF...

- You wish to make a significant gift without using cash or other assets.
- You do not need all or a portion of your IRA income.
- You are paying too much in taxes and are looking to reduce your income.
- You do not itemize deductions. Because a rollover gift can reduce your income and taxes, you can still benefit from charitable giving even as a non-itemizer.
- You want to give over and above your normal giving this year. An IRA rollover gift does not count towards the 50% annual limitation on charitable gifts.

WHAT IF YOU HAVE A 401(k), 403(b) OR OTHER RETIREMENT PLAN?

This gift opportunity only works for IRAs. If you own another type of qualified retirement plan, you must first make a tax-free rollover of funds into an IRA. Then you can make the gift from the IRA account to support our work.

HOW CAN I MAKE AN IRA ROLLOVER GIFT?

Contact your IRA plan administrator to learn their procedure for making a rollover gift to charity. We can also provide you with a sample letter and assistance. To learn more about the benefits of making an IRA charitable rollover gift, please contact us today.

This information is not intended as tax, legal or financial advice. Gift results may vary. Consult your personal financial advisor for information specific to your situation.