

Northwest Gastroenterology Specialists

SUTAB Bowel Prep Instructions

PLEASE REFER TO THE BOX FOR INGREDIENTS AND CONTRAINDICATORS

SUTAB Prep Kit is taken as a split dose (2-day) regimen

BOTH bottles of 12-pills are required for a complete preparation

Take the first bottle of SUTAB tablets (12) the afternoon before your colonoscopy between 1-3pm.

Take the second bottle of SUTAB tablets (12) exactly FIVE hours prior to your colonoscopy.

It is important to drink the additional water as recommended in the instructions for use.

Colonoscopy Preparation:

SUTAB Is Being Prescribed To You

Follow the directions as indicated below between 2pm and 4pm for dose 1:

Step 1:

- Fill provided container with 16 oz. of water & open one bottle of SUTAB tablets.

Step 2:

- Swallow each of the 12 tablets individually with a sip of water
- Drink all the liquid in the container. This can be done over a course of 30 minutes

Step 3:

- Drink 2 more 16oz. containers of plain water over the next hour
- Recommended pace is 8oz. every 10-15 minutes

You may continue to consume the approved clear liquids on the instruction sheet throughout the evening.

FIVE HOURS prior to your procedure time (_____):

Step 4:

- Repeat steps #1 and #2. Complete within 30 minutes. Wait an additional 30 minutes, then begin step #5.

Step 5:

- You must drink two (2) more 16-oz. containers of water over the next hour.

STOP ALL LIQUIDS 3 HOURS PRIOR TO YOUR PROCEDURE.

Please see other side.

Thank you for choosing us to assist you with your medical care. **Call us at 303.269.2085 with any questions or concerns!**

- **The day before your procedure, please only follow the clear liquid diet (see attachment).**
- **From the time you awake on your procedure day, only drink the prep and water.**
- **If you take daily medication (including blood pressure, seizure & heart medications), take it with small sips of water only, AT LEAST 3 hours before your procedure**
- **You may brush your teeth, but do not swallow**
- **Do not eat candy/mints, chew gum or chew tobacco**
- **Do not smoke cigarettes, marijuana, cigars, pipes, e-cigarettes or vape**

Arrive 60 minutes prior to your procedure time at the front entrance of Avista Adventist Hospital.

Avista Adventist Hospital | 100 Health Park Drive | Louisville, Colorado 80027
Report to the patient check-in desk. (Left of the ER entrance)

Your procedure is scheduled for:

Date: _____ Time: _____

Check In: _____

Northwest Gastroenterology Specialists | 80 Health Park Dr. Suite 270 | Louisville, CO 80027
Phone 303.269.2085 | Fax 303.269.2089

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