

# Discharge from Hospital

Please plan on staying in the hospital for 1 to 2 nights. The length of your stay will be discussed with your provider at your pre-operative appointment and will be re-assessed while you are in the hospital.

Prior to surgery, please make arrangements for help when you return home. Some items for consideration are:

- Having a family member or friend helping with your daily activities: meals, grocery shopping, medication refills, cleaning
- Planning for transportation to and from physical therapy and your post-operative appointments
- Making sure any tripping hazards are removed: rugs, mats and items you might need to step over
- Having sleeping arrangements on the main floor if you will not be able to use stairs
- Discussing care for an animal that might trip or bump you during recovery