

Pain

Pain is common and to be expected after this type of surgery. Night pain may occur and if possible medication should be scheduled prior to sleeping to assist with pain management.

- Medications
 - The oral pain medication may cause nausea, constipation and a light-headed sensation. If symptoms occur, call the office, and the medication can be changed. You should not drink alcohol or drive while on narcotic medications.
- Ice packs
 - In general ice may be applied to the affected area 3-4 times per day for about 20 minutes at a time to assist with pain management. Please be sure there is a layer between the ice and the body part to decrease the risk of skin breakdown or ice burns.
- If you are having concerns with your pain management please call your doctor to discuss.