

Flatirons Heart and Vascular



Centura Health Physician Group

Pre-operative TEE Instructions

TEE- (trans-esophageal echocardiogram) is an ultrasound study of your heart that lets Dr. Weksler look at the heart from the esophagus outward. He can better visualize your valves and left atrium this way. This test is done in the hospital and requires throat numbing medication and sedation to place you in a light sleep.

The procedure takes approximately 30 minutes, but you will be in the hospital for a total of 2 hours for preparation and recovery. Complications are rare but afterwards you may have a sore throat, minor oral bleeding and drowsiness from the sedation.

Preparation

- Nothing to eat or drink from midnight the night before
 - Please take your usual morning medications with a sip of water, unless instructed otherwise
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- Please arrange for a ride home from the procedure
 - Dentures should be removed by nursing staff prior to procedure
 - Please inform your nurse of any allergies or swallowing problems with your mouth, esophagus or stomach