



INITIAL CONCUSSION EVALUATION FORM



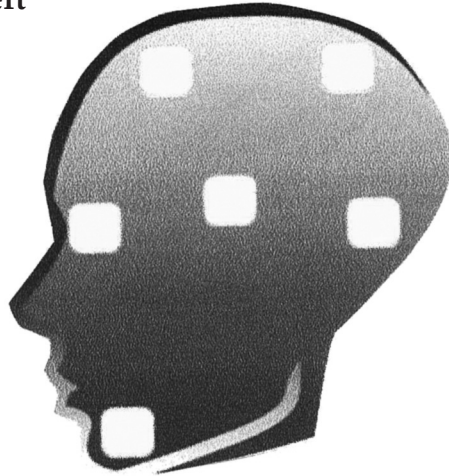
Organization: _____ Athlete's Name: _____ Athlete's D.O.B. _____

Injury Date/Time: _____ Sport/Activity: _____ Athlete's Parent/Guardian _____

Person doing evaluation: _____ Athlete's PCP: _____

Injury Type: (circle one): Fall Hit head on other player Hit head on ground or ice Struck by object Other:

Point of impact: Right or Left



Signs of injury: Loss of consciousness
Amnesia
Confusion/Disorientation
Balance or Gait Issues
Visual changes
Dazed or confused
Seizure or posturing
Vomiting

Symptoms of injury: (Circle all): Headache Dizziness Balance Problems Blurred Vision Double Vision Sensitivity to light
Sensitivity to Noise Tingling/Loss of movement Pain in Neck "Foggy"/"Cloudy"/"Spacey"
Problems focusing Problems Remembering Abnormally tired Upset/Emotional

Comments: _____

Instructions for the parents/guardians: Your student athlete appears to have suffered a concussion. A concussion is a complex set of neurological changes that can occur when traumatic forces are applied to the brain, either directly or indirectly. The effects of a concussion generally fall into one of four categories: thinking/remembering, physical, emotional/mood and sleep. Symptoms of a concussion may vary from person to person, but may include:

Headache

Difficulty thinking clearly

Dizziness

Nausea

Irritability

More/less sleep than normal

EMERGENCY SIGNS: If the concussed athlete has any of the following signs, seek medical attention immediately:

Severe or worsening headaches

Sleepiness or confusion

Restlessness, unsteadiness or seizures

Difficulty with vision

Vomiting, fever or stiff neck

Slurred speech

Bladder or bowel incontinence

Numbness or weakness involving any part of the body

Please have your student athlete bring this form to the Concussion Team Leader at his or her school. Your student athlete will then get enrolled in the concussion management protocol. Your student athlete will only be allowed to return to play once he or she has successfully completed all of the steps in the concussion management protocol. The details of this protocol are available for review under the "resources" tab at www.concussionconsultants.org.