



# INITIAL CONCUSSION EVALUATION FORM

**STOP**

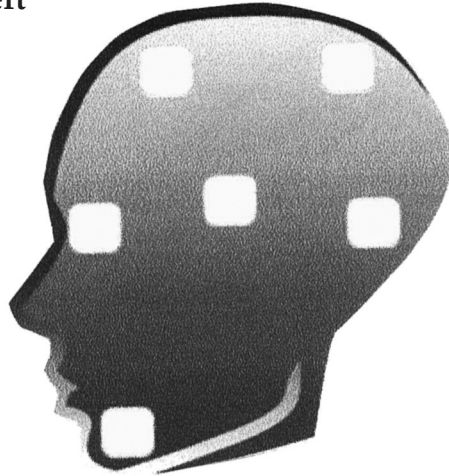
Organization: \_\_\_\_\_ Athlete's Name: \_\_\_\_\_ Athlete's D.O.B. \_\_\_\_\_

Injury Date/Time: \_\_\_\_\_ Sport/Activity: \_\_\_\_\_ Athlete's Parent/Guardian \_\_\_\_\_

Person doing evaluation: \_\_\_\_\_ Athlete's PCP: \_\_\_\_\_

Injury Type: (circle one):    Fall    Hit head on other player    Hit head on ground or ice    Struck by object    Other:

Point of impact: Right or Left



Signs of injury:    Loss of consciousness  
Amnesia  
Confusion/Disorientation  
Balance or Gait Issues  
Visual changes  
Dazed or confused  
Seizure or posturing  
Vomiting

Symptoms of injury: (Circle all):    Headache    Dizziness    Balance Problems    Blurred Vision    Double Vision    Sensitivity to light  
Sensitivity to Noise    Tingling/Loss of movement    Pain in Neck    "Foggy"/"Cloudy"/"Spacey"  
Problems focusing    Problems Remembering    Abnormally tired    Upset/Emotional

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Instructions for the parents/guardians:** Your student athlete appears to have suffered a concussion. A concussion is a complex set of neurological changes that can occur when traumatic forces are applied to the brain, either directly or indirectly. The effects of a concussion generally fall into one of four categories: thinking/remembering, physical, emotional/mood and sleep. Symptoms of a concussion may vary from person to person, but may include:

Headache

Difficulty thinking clearly

Dizziness

Nausea

Irritability

More/less sleep than normal

**EMERGENCY SIGNS:** If the concussed athlete has any of the following signs, seek medical attention immediately:

Severe or worsening headaches

Sleepiness or confusion

Restlessness, unsteadiness or seizures

Difficulty with vision

Vomiting, fever or stiff neck

Slurred speech

Bladder or bowel incontinence

Numbness or weakness involving any part of the body

Please have your student athlete bring this form to the Concussion Team Leader at his or her school. Your student athlete will then get enrolled in the concussion management protocol. Your student athlete will only be allowed to return to play once he or she has successfully completed all of the steps in the concussion management protocol. The details of this protocol are available for review under the "resources" tab at [www.concussionconsultants.org](http://www.concussionconsultants.org).