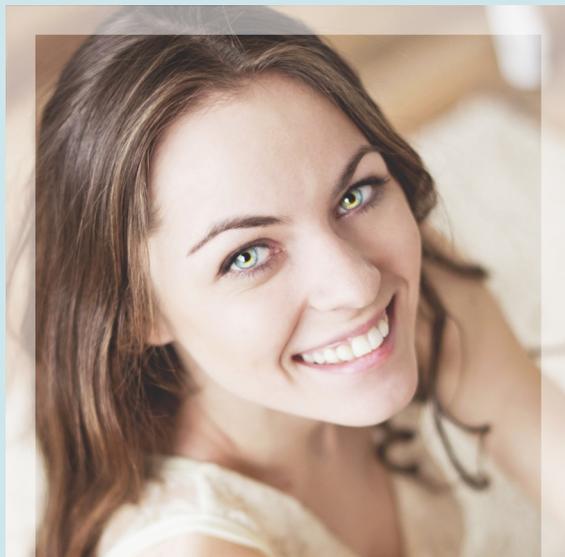


Have you been sexually assaulted?

Sexual assault can include touch, force or coercion by an acquaintance, someone you know well or by a stranger. It can happen at home, school, a friend's house, on the job, in a car, day or night, anywhere, anytime. Sexual assault is a crime and should be reported to the police. Women, men and children who have experienced sexual assault are in need of specialized care that our SANE program can provide.

Many cases of sexual assault occur every year within Fremont County and surrounding communities. The SANE program at St. Thomas More Hospital was started to provide prompt, compassionate care and resources in a safe environment so patients can begin healing.

You are a survivor.



Our Community's Commitment to Caring

The St. Thomas More Health Foundation and St. Thomas More Hospital are committed to the development of the SANE Program in Fremont County. We'd like to thank and recognize our community partners who make this community program possible:

- Local/Regional Law Enforcement & Victim Advocates
- 11th Judicial District
- Department of Corrections
- Department of Health & Human Services
- Family Crisis Services

SANE Program

St. Thomas More Hospital
1338 Phay Avenue
Cañon City, CO 81212

If you have an emergency or need care following an assault, please call the Emergency Department at 719-285-2270. If you would like more information about the SANE Program, please call 719-285-2294.

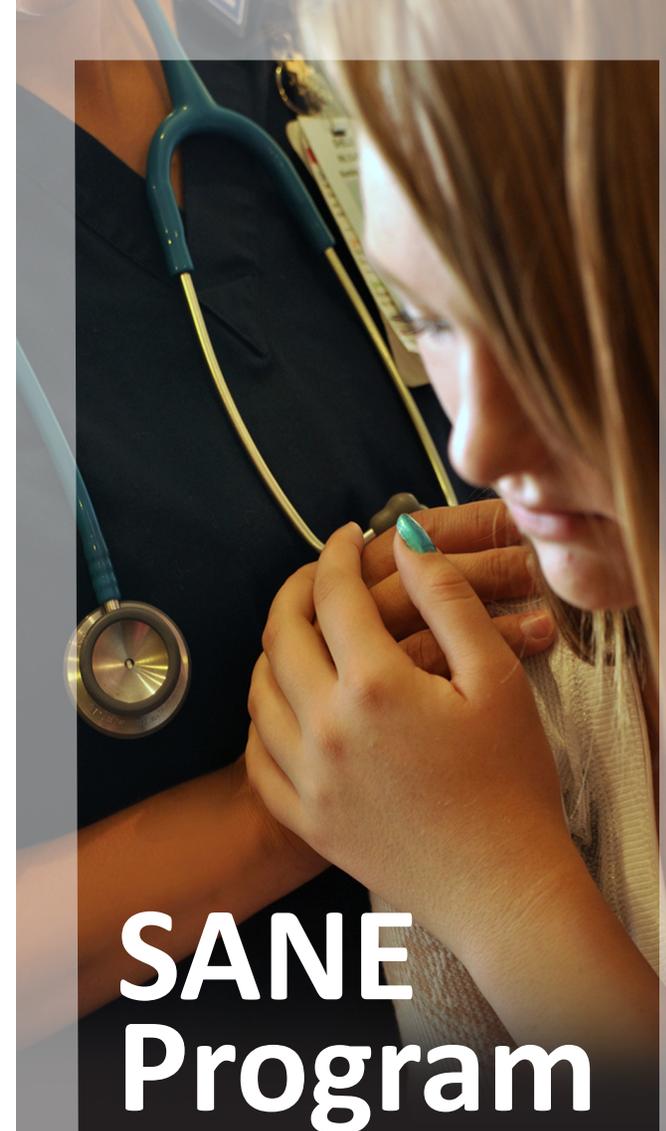
Visit us online at:
stmhospital.org/SANE

**Sexual Assault
Nurse Examiner Program
St. Thomas More Hospital**



We are part of Centura Health, the region's leading health care network.

Centura Health does not discriminate against any person on the basis of race, color, national origin, disability, age, sex, religion, creed, ancestry, sexual orientation, and marital status in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact Centura Health's Office of the General Counsel at (303)804-8166.



SANE Program

Sexual Assault Nurse Examiner

INSPIRE HEALTH

**Sexual Assault
Nurse Examiner Program
St. Thomas More Hospital**



You are a survivor of sexual assault.

This can be one of the most painful, confusing and frightening things that can happen to a person. The most important thing for you to understand is that it is not your fault.

It is not your fault.

It is natural to experience feelings such as anger, disbelief, fear, humiliation, shame, restlessness, difficulty concentrating, lack of trust and guilt. With time and support from our SANE team and your loved ones, these feelings can subside.



We're here to support you.

A Sexual Assault Nurse Examiner is available 24/7 to examine and take special care of you. A victim's advocate will also be called in to assist you with any needs you may have. This care begins in the emergency room. The advocate can stay with you as your support system during the exam, if you wish. If you feel you need to see a doctor, you may also request the presence of a physician at any time during the exam.

Benefits of the SANE Program

- Confidential forensic exams
- Testing for drug facilitated sexual assault (date rape drugs)
- Specially educated and trained nurses
- An advocate for you
- Coordinated resources
- Increased victim reporting rates
- Consistent, quality evidence collection
- Increased prosecution rates of perpetrators
- An expert witness for trial
- Solid, credible and neutral courtroom testimony

We understand it may have been a difficult decision to come to the hospital, but we are glad you did and we will take good care of you.

What to expect during the SANE exam

- The exam consists of your medical history, your account of the assault, a head-to-toe exam, a genital exam and forensic evidence collection.
- Most exams take approximately 90 minutes to complete. However, each case is different so exam times may vary. The SANE nurse will explain everything to you before the exam begins.
- The nurse will ask you details of the assault to determine where to look for injury and evidence. Your nurse will write down everything you tell them.
- The nurse will perform a pregnancy test for women and provide you with medication to prevent sexually transmitted infections.
- The nurse will look for and treat any injury that may have occurred.
- You have the right to refuse any part of the exam. Please be aware that if the nurse does not perform certain steps of the exam, it may be more difficult to prosecute your case in court. Remember, you do not have to agree to any part of the exam that you do not want to have done.
- A victim's advocate will be available to provide you with support, as needed, at your personal request.