Call for a referral to our High Risk Clinic, or ask your primary care physician for an order

Get the information you need to make wise health decisions today. Contact Sharon Halla, RN at (719) 776-5955.

Website: www.penrosecancercenter.org

Services designed to assist women who face an increased risk of developing Breast and / or Ovarian Cancer

- Comprehensive cancer risk assessment
- Referrals for information about the latest cancer risk reduction strategies
- Screening Services
- Evaluation by medical oncologist and/or breast surgeon
- Education and Counseling

Driving Directions

The Breast Care Center at Penrose is part of Penrose–St. Francis Health Services, located at 2222 N. Nevada Avenue in Colorado Springs.

We are located north of downtown, south of Fillmore, between Cascade and Nevada Avenues, in the Penrose Cancer Center at Penrose Main Hospital.

From I-25, take the Fillmore exit east to Nevada Avenue and go south (right turn). After the traffic light at Jackson Street, turn right at the second entrance. You are now in the Hospital parking lot. The Cancer Center is ahead on the right.

All parking and valet services are free.

Are You at High Risk for Breast Cancer?

There is a $25.00 fee for the genetic counseling session. No insurance pre-approval is necessary. Many insured patients have a co-pay for labs. If genetic testing is appropriate and desired; patient’s eligibility and cost will be determined prior to blood draw.

Penrose-St. Francis Health Services
Centura Health.

2222 North Nevada Avenue
Colorado Springs CO  80907
719-776-5955

Penrose Cancer Center
Centura Health.
Who could be at higher risk?
A person with any of the following:
- A personal history of breast cancer before age 50
- A family history of breast cancer in two or more close relatives, such as your parents, siblings and children
- A family history of breast cancer in more than one generation
- A male relative with breast cancer
- A family member who has both breast and ovarian cancers
- A positive BRCA1 or BRCA2 genetic test in a relative
- Ashkenazi (Eastern European) Jewish ancestry, with or without a family history of breast or ovarian cancer OR Hispanic from the San Luis Valley with a family history of breast or ovarian cancer
- Previous biopsy that identified atypical cells
- History of irradiation to the chest wall

What Next?
Speak with your primary care physician for a referral to our High Risk Clinic. The clinic starts with an appointment with one of our genetic counselors who estimates your level of risk.

You then will meet with our specially trained medical oncologists and/or breast surgeon to discuss ways to reduce your risk, including possible surgery or medications.

You will also be introduced to the Breast Patient Navigator who will help you find possible lifestyle changes and/or help you arrange further treatment that may help reduce your risk.

I have a high risk for breast cancer, what now?
- There are many options for you to choose from to help you reduce your risk of developing breast cancer.
- Maintaining a healthy lifestyle (e.g. exercise, diet, weight control, limit alcohol consumption)
- Use of medications
- Periodic breast self-exam (BSE) is encouraged for all women starting in their 20s
- Annual mammograms and a clinical breast exam (CBE) every 6 to 12 months are recommended beginning 10 years prior to the youngest breast cancer case in the family or by age 30
- Breast screening with ultrasound or MRI may also be offered.
- Prophylactic surgery (mastectomy and/or oophorectomy)
- Referral to a breast specialist or other specialties that are appropriate

Our commitment to Quality Care
The doctors, nurses, technologists and other staff members of the Penrose High Risk Breast Cancer Clinic are dedicated to your well-being.

Our goal is to combine state-of-the-art medicine with a high level of personal care and commitment to give you what you want… A Long Healthy Life

Genetic Counselors Kate Crow and Jeff Shaw

Penrose Cancer Center
+ Centura Health.