

## *From the Manager's Desk*

The Volunteer Services team has been eagerly awaiting the arrival of Spring! April brings a flurry of activity, including National Volunteer Week, April 23-29. We look forward to this opportunity to express our sincere gratitude for all our volunteers. We celebrate *YOU* for the time, compassion, and excellence that you bring to St. Anthony and OrthoColorado Hospitals all year long!

We have planned several activities during Volunteer Week and will end the week with a special celebration. We hope you will join us on Friday, April 28, for a **Volunteer Appreciation Luncheon**. Advance RSVPs are required, so please let us know if you will attend by signing -up near the kiosk in the Volunteer Office, or by calling or emailing our office.

Volunteer Services is grateful for all the volunteers who make our program so special, and I'd like to acknowledge one such volunteer, **Dorothy Baron**, for her leadership and dedication to the **SAVE** Newsletter since its inception more than two years ago. She had an integral role in the creation and success of the news-

letter. Dorothy has accepted new volunteer responsibilities and will be passing the newsletter "torch" to other members so that she can focus on those responsibilities. Thank you, Dorothy!

Many of our programs are in full-swing this Spring. The Student Ambassador Program Spring session students are in their final rotation and soon will be writing speeches to share their experiences at a graduation ceremony.

We are excited to announce that the Spring 2017 *Educational Assistance Grant Program* application process will open May 1 and run through May 31. More details about the application process will be available the first week in May and also will be included in an upcoming issue of **E-Connect**.

We look forward to this season of recognition, gratitude, and programs!

With sincere appreciation,

*Lorie Rubio*

Manager, Volunteer Services

## **SAVE** Spotlight: *Kristen Weber*

By Dorothy Baron



We are shining the **SAVE** spotlight in this issue on **Kristen Weber**, our most recent volunteer Golden Globe Award recipient. The quarterly award recognizes out-

standing associates and volunteers in Community Health and Mission who demonstrate the highest quality of service in all that they do.

From the time that she was in middle school, Kristen had an interest in helping people through volunteering. She had learned from her parents at a young age the importance and value of helping people in need. Her early volunteer work included helping to sort donations at the Salvation Army, preparing holiday



gift boxes for Operation Christmas Child and working at Habitat for Humanity, where she did everything from yard work to painting. During summer breaks, Kristen assisted the Adams 12 School District in barcoding library books and textbooks. Kristen managed to juggle all of her volunteer commitments and still distinguish herself academically. Now a senior at Colorado School of Mines, Kristen is majoring in Biochemical Engineering and looking forward to a career in medicine.

Kristen became a SAH volunteer in 2015 and serves at the Rocky Mountain Cancer Resource Center, where she is the lead volunteer. In addition to training and mentoring volunteers in the Cancer Center, Kristen helps out in other areas, including delivering patient booklets, escorting visitors and volunteering at our annual *Breakfast with Santa* and other special events. Her willingness to help and her kind personality are so appreciated by patients, families, volunteers and staff throughout the hospital. Congratulations on your well-deserved award and thank you, Kristen, for all that you do!

## Getting to Know You . . . *Edward “Eddie” Sim, MNDOG President & SAH CEO*

By Terry Halladay



“*With*”—a small preposition, but a word that describes the philosophy and style of our CEO, Eddie Sim. Eddie is *one “with”* the mission of SAH just as he was with his similar mission at Baptist Health in Jacksonville, Florida. He is in tune with the goals and ideals of

SAH as interpreter and facilitator and not as remote controller. A skilled leader and hands-on manager, Eddie believes in a team approach and that caregivers have a calling to welcome patients like family members. Staff, physicians and associates must be dedicated to be *one “with”* the patients and the healing process.

Eddie knows that volunteers serve a great need in that healing process. They fill in the cracks— as it were— by boosting morale for patients, families and staff. Patients often are terrified when they come to the hospital

and volunteers add value by providing one-on-one comfort and support in times of stress and the unknown. A few years ago, Eddie was a mentor to a homeless child. He fed him and tutored him in English. The rewarding experience reinforced his belief in the satisfaction and value of giving back.

Growing up in Schenectady, New York, with an engineer father and physician mother, Eddie felt a calling to contribute to the greater good. He realized that he was blessed to have supportive parents and the opportunity to follow his heart. After receiving his undergraduate degree from Boston University, Eddie went on to earn two master degrees: Master of Science from Albany Medical College and Master of Business Administration from Duke University. He built a solid foundation in medical administration at Tenant Health in Atlanta, Georgia.

Eddie and his wife, Susan, are the parents of daughter Olivia, 11, and son Cameron, 9. His family will be joining him in Colorado in May after the school year is over. He looks forward to introducing them to the glories of the Rocky Mountains and is certain that they will love Colorado as much as he does. We are happy to have his family be *one “with”* our SAH family.

## Why I Became a Volunteer . . . *Ina’s Story*

By Ina Cunningham

*“A kind gesture can reach a wound  
that only compassion can heal.”*

- Steve Maraboli  
*Life, the Truth, and Being Free*

I first walked into St. Anthony Hospital twelve months ago—not as a volunteer but as a family member trying to find my way to the surgery waiting room. Just days before my sister Dolly and I had traveled to Louisiana to attend our aunt’s funeral when my sister became unsteady. She was unable to get out of a car and unable to remember simple tasks, such as how to shut off the water faucet in her hotel room. The rapid trajectory from a sad funeral to my sister’s emergency room visit, to a brain mass diagnosis was surreal.

We quickly arranged a trip back to Denver so that her surgery could take place near home. Dr. John Hudson and St. Anthony surgical staff saved my sister’s life that day, but tests showed that she had *“the bad kind...a Stage IV Glioma.”* Many family members flew in to be here for the surgery. We were a family dazed and consumed with worry. St. Anthony volunteers took care of

us in many small ways. Did we need coffee, water, or directions to the parking lot or cafeteria? Every gesture comforted and strengthened us.

My sister currently is getting positive test results. She is a brave warrior and determined to keep recurrence at bay until new immunotherapy treatments may be refined. We pray her journey includes a groundbreaking recovery.

So to the question of why I volunteer at St. Anthony—I want to pay it forward. It is my turn to return those small kindnesses to the next family or individual trying to get through a time of crisis. To each St. Anthony volunteer, please know that what you do matters. It certainly did a year ago to Dolly’s family.



## The Traveling Book Nook Rolls Out!

By Dorothy Baron

We're excited to announce the recent rollout of our **Traveling Book Nook**—a new service provided by volunteers for patients, families and staff. The idea for a rolling library was prompted by a patient's request to Customer Service Volunteer, Leean Sigle-McGraw for something to read. Leean took the idea to Volunteer Coordinator Marietta Foster, who took the reins to make the suggestion a reality.

As the project took form, the purchase of a cart became an issue. As fate would have it, events came together when a donation—in almost the exact amount needed—came in to the Volunteer Office in memory of Ruth Bushkobski, a long-time SAC volunteer and an avid reader. We're so grateful to Ruth's family for the generous donation that enabled us to purchase the cart and get it rolling.

The *Traveling Book Nook* is circulating on appropriate floors two times a week, but as response is evaluated, rounds may become more frequent. When not in use on the floors, the *Book Nook* is available in the Volunteer Office for volunteers and staff to make a book exchange selection or to respond to patient requests. The books and magazines are gifts for patients and need not be returned; for staff and volunteers, it is a book exchange.



**Eddie Sim, SAH CEO and Jude Torchia, OCH CEO kicking off the Book Nook**

Volunteer Services launched a hospital-wide book drive in March for donations of new or near new books and magazines (teen through adult) to fill the *Nook*. The response was almost overwhelming! We will continue to accept donations throughout the year. Books and magazines can be dropped off at the Volunteer Office or at the front desk when it is staffed.

## Paws for Patients . . . SAH's Newest Volunteers

The newest members of our Paws for Patients pet therapy program are **Ella and Grizz**. As part of Volunteer Services, these therapy dogs provide a calming presence for patients, their families and associates. They help decrease anxiety levels and are a natural mood enhancer.



When **Ella** visits patients at SAH, she pokes her greying muzzle into the room to say "Hi," gives a vigorous Lab tail wag, and maybe receives a scratch behind her ears. There's nothing she'd

rather do! Her handler is Mark Miller.



rather do! Her handler is Mark Miller.

**Grizz** is a shelter pup that was adopted when he was 9 weeks old. He loves road trips, hiking in the mountains, and most of all, playing in the snow. He loves people and all the attention he gets as a therapy dog. Grizz is very happy

to be a part of the SAH Pet Therapy team. His handler is Teresa Mackillop.

**Just a reminder . . . if you are absent for any length of time because of surgery or a prolonged illness, you will be asked to get a doctor's release to return to volunteering. This sounds strict, but it is for your protection as well as for our patients, staff and other volunteers.**

**Upcoming Events**

**Volunteer Appreciation Week is April 23-29**

Luncheon: April 28, 11:15 am-1 pm

Please sign up with Volunteer Services. Advance RSVPs are required.



**SHARE A Compliment Hall of Fame**

The SAH volunteer *Hall of Fame* column honors recipients of SHARE card compliments for their outstanding efforts.



**Betty Clark:** *Betty saw my mom struggling to walk in. Not only did she find us a wheelchair, she escorted us to our destination.*



**Gracie Rhodes:** *Gracie was very friendly and jumped into help when needed.*



**Karen Oldenburg:** *Caring, helpful, sat with me, held my hand, brought coffee and smiled!!*

**Welcome New Volunteers!**

**Jeremy Ansah-Twum**—

OrthoColorado Pre-op

**Stephanie Arteaga**—PACU

**Logan Carpenter**—PACU

**Lisa Cassidy**—Information Desk

**Donna Ciccarelli**—Cancer Resource Center

**Ethan Coit**—OrthoColorado Pre-op

**Ina Cunningham**—Cancer Resource Center

**Claire Darling**—Short Stay Unit

**Laura Debus**—Administration

**Greer Dinsmore**—Medsurg Floors

**Jamie French**—Transport

**Erica Gallegos**—Transport

**Maria Goldstein**—Breast Center

**Fifi Khattak**—Medsurg Floors

**Chelsey Larson**—PACU

**Bob Mayorga**—Transport

**Barbara Moyer**—Chapel Ministry

**Nhat Phuong Le**—Breast Center

**Stephanie Morrow**—Breast Center

**Mark Miller**—Pet Therapy

**Nishan Potluri**—PACU

**Susan Richeson**—Information Desk

**Hugh Santos**—Transport

**Nalie Setera**—Short Stay Unit

**Charley Shimanski**—Flight for Life

**Nina Tran**—Medsurg Floors

**Tina Tran**—Breast Center

*Did You Know? You must wear your badge and uniform whenever you are on campus, whether for your regular shift or a special meeting. You should not use your badge or wear your uniform if you are in the hospital for personal reasons. Please remember our strict uniform code—a plain white shirt or sweater, black slacks/skirt and your uniform vest/smock.*

**Words of Wisdom from the Quote Garden. . .**



**Everybody can be great. Because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve . . . You only need a heart full of grace. A soul generated by love."**

*-Martin Luther King, Jr.  
Submitted by Paul Welch*

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## Volunteer Happenings . . .



Customer Service Volunteers (CSV) Meeting: Emily Gingerich, Mary Linton, Nancy Hill, Leean Sigle-McGraw, Martha Culp, Sheila Furman and Josie Moszynski, Director of Acute Care Services



Spring Student Ambassadors Group:  
Back Row: Michelle Hernandez, Mechelle Guzman, Janessa Vigil, Analise Luong, Claudia Bauermeister, Allyson Marvel, Alauni Trujillo, Shaedyn Krause; Front Row: Annaliese Reed, Ginessa Haspel, Olivia Ipson, Lacey Swift and Teacher Paula Mattison



Volunteer Annual Meeting



Tour of security cameras during Information Desk Quarterly Meeting



Kristen Weber training new group of Cancer Resource Center volunteers: Ina Cunningham, Kristen Weber, Dorothy Baron, Bev Conklin

