



Enjoy an Incredible Career at Centura Health!

Who is Centura Health?

Centura Health is the region's largest health care system. We connect individuals, families and neighborhoods across Colorado and western Kansas with more than 6,000 physicians and 21,000 of the best hearts and minds in health care. Through our 17 hospitals, two senior living communities, neighborhood health centers, physician practices and clinics, home care and hospice services, and Flight For Life® Colorado, our caregivers make the region's best health care accessible. We're on a mission to build flourishing communities and whole person care.

St. Francis Medical Center Overview:

Penrose-St. Francis Health Services is a full-service, 522-bed acute care provider in Colorado Springs comprised of Penrose Hospital and St. Francis Medical Center. Penrose Hospital serves as the anchor hospital of Penrose-St. Francis Health Services with 364-licensed beds and the ability to provide tertiary (high-tech) medical-surgical services with an emphasis on elective and outpatient care. Established in 1890, Penrose Hospital has grown to become a major health treatment and referral center, specializing in cancer care, cardiac care, emergency trauma care and physical rehabilitation. St. Francis Medical Center opened in 2008 to keep pace with the growing needs of the Colorado Springs' community on the north side of the city. St. Francis Medical Center features 172-beds and offers a modern Birth Center, Level III Neonatal Intensive Care Unit, Pediatric Care Unit, Emergency Department, Level III Trauma Center, Imaging Services, Surgical Services and Critical Care Unit. It also serves as southern Colorado's home base for the Flight For Life® Colorado air medical transport service. It's an incredible time to join us as we celebrate recognition with Magnet® Hospital designation from the American Nurses Credentialing Center (ANCC) for superior quality in nursing care. With more than 300 days of annual sunshine, mild winters and easy-to-access recreational areas including Pikes Peak, Garden of the Gods and some of Colorado's top destination resorts, you will enjoy an incredible lifestyle while having the career you've always wanted.

5 North Surgical:

The 5 North Surgical Trauma Department at St. Francis Medical Center is a 36-bed unit. The patient mix is surgical trauma with medical overflow. Our department has a varied patient population mix, ranging from gynecological surgeries, urology patients, joint replacements, abdominal surgeries and traumas. A new member of our team would find excellent teamwork, an environment that promotes professional growth and a vast patient mix to expand one's skillset.

5 South Medical:

The 5 South Medical Department at St. Francis Medical Center is a medical, cardiac and stroke unit with 33 beds. We are a medical unit specializing in cardiac and stroke care. This unit has a varied patient population mix, ranging in age and diagnoses to include cardiac and neuro diagnoses. Our team works together very well, we support professional development and have a great opportunity to increase our skills by caring for a mix of patient needs.

Emergency Department Observation:

The ED Observation Unit at St. Francis Medical Center is a six-bed unit for ED patients that require an overnight stay. We are growing and will soon be a 12-bed unit. Our patient mix is mostly adults requiring monitoring overnight and awaiting test results or procedures the next morning. Our department's mission is to care for those patients that need additional care beyond an ED visit but not fully admitted to the hospital. Our team has a great associates, team scheduling, on-location parking (no buses) and we offer a chance to be a part of growing campus. Join us if you are someone who wants to be part of a department where you will have the chance to influence the growth of the department and be a part of the solution.

Emergency Department:

The Emergency Department at St. Francis Medical Center has 48 beds. Our department services a wide variety of patients including the families from the north and eastern parts of Colorado Springs that are rapidly growing. Our main patient mix includes all patients across the lifespan with a high frequency of families, OB and children. We have a very collaborative and positive team. We look for candidates that want to be part of a team, help our department grow and have creative problem solving skills.

Intensive Care Unit (ICU):

The Intensive Care Unit at St. Francis Medical Center has 12 beds currently, but we are adding two more beds in 2020. Our department's specialty is Critical Care – to include Intra-Aortic Balloon Pumps (IABP), proning, and protocols for sepsis, stroke, hypothermia, mass transfusions and OB hemorrhage – to name just a few. We treat medical and surgical critically ill adult patients 18 years and older, Level III trauma patients 15 and older, OB emergency patients related to seizure and hemorrhage and we get overflow from Med/Surg related to capacity. The culture at SFMC is a small town feel with a big city skillset and a mixture of generations that makes for lively discussion and positive teamwork. We collaborate with ancillary departments at a daily patient rounding event and our teamwork is led by a group of readily approachable intensivists who offer education. We address errors by creating a culture that allows us to feel safe when addressing



issues, education and keeping in mind patient care first. We want to positively impact our patients and hold daily nurse leader rounds. Candidates interested in our department must be flexible, a good teammate and hold the belief that what you do as a nurse has meaning to yourself and others with a positive attitude. It is important to have a willingness to learn and grow a skillset. We do not look for perfection but for collaboration and understanding.

Inpatient Rehabilitation:

The Inpatient Rehabilitation department at St. Francis Medical Center, Capron Neuro and Trauma Rehabilitation is an acute inpatient rehab facility with 23 beds which is part of Penrose-St Francis Hospital system. We care for patients who suffer from strokes, brain injuries, spinal cord injuries, traumas, neurological diseases, spinal surgeries and amputations. We receive admissions from Penrose and St Francis primarily and do not have overflow. Our mission is to support patients and their families in physical and emotional healing to gain maximum functional independence. Our goal is to support patients on their journey to be as independent as possible. Our average length of stay for patients is two weeks which allows time to connect with patients and provide them with education that includes teaching of new skills and providing support as they adjust to their 'new normal'. Our interdisciplinary team is the heart of our unit and is integral in helping patients reach their maximum rehab potential.

Labor and Delivery:

The Labor and Delivery department at St. Francis Medical Center is a unit with ten high-risk antepartum beds and 12 LDR suites, with 250 deliveries per month. We have two ORs, a three-bay PACU and a seven-bed OB Emergency Department. Active labor patients are 1:1 or 1:2, antepartum patients are 1:3-4. Our department has a mission to ensure the families of Southern Colorado have the safest care while delivering their babies. We offer self-scheduling and great teamwork. We look for candidates that have high energy, passionate for women's care, team players, hard workers and compassionate.

Obstetrics Post-Partum:

The Obstetrics Post-Partum department at St. Francis Medical Center is a 34-bed unit. We take care of both the mother and baby two hours after delivery. We have what is called a "trans nurse". They live on L&D and go to all the deliveries to make sure the baby is okay. If the baby is not, they perform the care needed, and get them transferred to NICU if necessary. Couplet care includes mom and baby where we follow AWHONN staffing guidelines which is one nurse to three couplets. There is also a lactation team who helps the mother and baby with breastfeeding. We will take Antepartum patients that are less than 20 weeks if needed. We will sometimes take a gynecology patient and will take a re-admit with a postpartum diagnosis. We care for mothers and babies and have started



couplet care in the NICU recently. We take higher risk/acuity patients and patients on magnesium sulfate, or postpartum hemorrhages. Our department's mission is to care for moms and babies, while providing the best experience possible. People would want to join our team because of the culture and team. We believe in teaching team members the skills they need but we cannot teach associates passion and drive. We look for individuals who have passion and drive for this area to keep our team strong. We do have self-scheduling, once off orientation and there are several development opportunities within our unit. Candidates must be passionate about caring for mother and babies, the nursery and growing their L&D skills.

Orthopedic Surgical:

The Orthopedic Surgical department at St. Francis Medical Center is 33 private rooms for ortho/spine. Our department sees joint replacements, spine surgeries, overflow surgeries- i.e. hysterectomies, appendectomies, cholecystectomies and medical overflow. We offer great teamwork with a culture that fosters learning and promotes development. We look for candidates that are team players, have a great attitude and are flexible.

Neonatal Intensive Care Unit (NICU):

The Neonatal Intensive Care Unit (NICU) department at St. Francis Medical Center has 46 beds and can care for 52 babies. We are a Level III NICU and can care for babies as early as 23 weeks and have two couplet rooms in the NICU and can care for moms and LPI (late preterm infants) that meet the qualifications. We care for neonates and infants up to 44 weeks of age. We do not get overflow patients. We have an awesome team, great teamwork, opportunity for associates to grow and advance their skills and offer many opportunities to get involved in team's extracurricular activities. Our department looks for candidates that we can mentor into charge and leadership roles. Candidates need to have a passion for caring for babies and their families, the NICU and for making a difference in the families' lives during a stressful time. Candidates need to have great attitudes, be eager to learn, motivated, compassionate and kind. We can teach the skills candidates needed as long as they have the right attitude.

Surgery:

The Surgery department at St. Francis Medical Center unit has ten operating suites and we are expanding to 16 suites by April, 2020. Daily, we meet the challenges of caring for a multitude of disease processes needing surgical intervention. We work with patients from toddlers to geriatrics and our specialties include: general, gynecology, robotics, oral surgery, dental, orthopedics, ENT, urology, podiatry, spine, breast and ophthalmology patients. An OR nurse takes care of one patient at a time and works with a surgical tech, surgeon and anesthesiologist throughout the day. Teamwork is essential and the nurse is

autonomous in his/her practice. Patient interaction is quick, so it is imperative that a relationship be attained, and rapport is established as the nurse enters the OR so that the patient has trust in the nurse. As a nurse working in the operating room, they have a great responsibility to be a patient advocate as our patients are anesthetized and cannot make decisions for their care independently. It is our duty to make sure that we provide the patient the best outcome possible. This team is supportive and works well together. Success of our associates is important and we strive every day to make sure that happens. The OR is a world of its own and is such an exciting place because you never know what is going to come through the double doors.