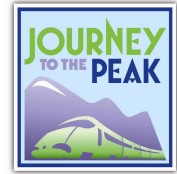


**All Aboard: Journey to the Peak!  
Magnet Moments! February 2011**



**Stories of Growth**

**Family Education** provides a class for high school students covering fetal growth and development – emphasizing the prevention of birth defects and syndromes and labor and delivery.

Several years ago a high school teacher from Cripple Creek brought her 8<sup>th</sup> grade Child Development class to hear the presentation. One of the 8<sup>th</sup> grade boys in the class was an expectant father. The teacher invited the 9<sup>th</sup> grade expectant mother to come with her boyfriend and the class on the field trip. The presentation emphasizes that pregnancy should be planned by parents who are ready and healthy as well as information on preterm labor and the process of birth.

Later, the teacher called to report 2 days after attending the class, the pregnant girl had symptoms of preterm labor and severe abdominal pain. She was “hanging out” with friends and asked her boyfriend to flag down a police cruiser that was passing by. The police man immediately called in a helicopter which transported the young mother to a Colorado Springs hospital.

The baby was stillborn but the mother survived. The expectant mother, boyfriend and teachers credit the class with giving this student the knowledge she needed to report signs and symptoms quickly so that she received the care she needed. Ever since then, the Child Development class from Cripple Creek travels to SFMC each semester to hear this presentation. The teachers also proudly report that there have not been any pregnancies in the students who have attended this class over the years.

Jolene Bedford, Family Education/Lactation



**Physician Recognition of Nurses on the  
Oncology Unit**

Dear Kathy, I want to personally thank Karen and Chelsea for their outstanding actions at the bedside. They were calm, cool, and collected. They stabilized the situation in the most professional manner for that kind of situation that I have been part of in my 17 years as a physician. The patient's daughter was in the room and they helped her tremendously. Carolyn came in and helped too. She handled the daughter's grief very well - the chaplain was on the scene almost immediately.

Being an ex-Army guy, I know good leadership when I see it. These nurses proved their metal to me (as if I needed any proof). I believe their actions reflect your leadership. Tim

Timothy J Murphy MD, FACP

I'm glad that I can be of assistance. It feels good to be appreciated at work and it feels amazing to have the feeling that you want to come to work because of the people you work with and those around you. I love working here. Thank you Rochelle (Salmore) for giving me the opportunity.

Steven D'agostino, Steven (PH Transport)



**To the entire staff at 3 East (Inpatient Behavioral Health):** This letter is to express my extreme gratitude to everyone for their compassion and patience when I was a patient. There were many things I learned...most important was a renewed hope and faith in humanity and my own desire to live. I would not have been able to do this without the attention and support from the staff....people who cared about me so genuinely even though I was a complete stranger. The words from your kind hearts resonate within my mind and constantly push me to stay positive and learn more about the difference between merely surviving and truly living. Thank you from the bottom of my heart for alleviating some of my pain...you made an undeniable impression in my heart and soul. (From a patient)

*Got a story to share? [Debranussdorfer@centura.org](mailto:Debranussdorfer@centura.org) or 776-2886. This is our Journey to the Peak!*